Purple, Pruritic, Polygonal Papules in a Boy

J.A. Schneider, DO
Medical Director, Adolescent Medicine Mobile Health Outreach
St. Vincent Hospital - Jacksonville, FL
CAPT, MC, USN (Ret)
Asst. Professor, Division of Adolescent Medicine, University of Florida (Ret)
10-year-old male with a past hx of nummular eczema presents to the clinic with a two week history of a rash that did not respond to 1% HC cream. This rash began as slightly erythematous **PLANAR** (flat topped) **PAPULES** that became increasingly **POLYGONAL** in configuration and coalesced into larger violaceous **PLAQUES** that were **PURPLE** and **PRURITIC** and even involved the **PENIS**.
Overview of Arthur...

Purple, polygonal papules and plaques
Close-up of purple, polygonal papules and plaques
One picture says it all...

• Purple
• Polygonal
• Planar
• Papules
• Plaques
that are also
• Pruritic
and also...
On very close inspection are Penile in location.
Another patient with a white, lacy pattern on the buccal mucosa that is often found in...
Answer: Lichen Planus

“P”s of Lichen Planus

- PURPLE
- POLYGONAL
- PRURITIC
- PLANAR
- PAPULES
- PLAQUES
- PENILE
Agents That Cause Lichen Planus-like Eruptions

- Arsenic
- Gold
- PAS
- Isoniazid
- Quinididine
- Streptomycin
- Diabinase
- Phenothiazides
- Salts in color film
Treatment

- Remove offending agent if known
- Topical steroids
- Atarax
References


References
